

VEER NARMAD SOUTH GUJARAT UNIVERSITY, SURAT

F.Y.B.A./B.Com./B.Sc.

SEMESTER –I

FAMILY STUDIES

Foundation Elective Theory-3 Periods/Week External-70 Marks

Credit-3

Internal-30 Marks

FOCUS: This course deals with the various facets of marriage and family and strives to prepare students for family life.

OBJECTIVES:

1. To sensitize students towards marriage and family life.
2. To understand the traditional and changing norms of the institution of the family with reference to its social environment.
3. To get acquainted with the concept of marriage and the areas of adjustments within the family.
4. To become aware about dynamics of family interactions and developmental tasks through family life span.
5. To become aware of problems in families and ways of coping up.

Block-I Introduction

Unit-1 Significance of the term “ Family Dynamics.”

Unit-2 Introduction of “Marriage and Family” as an institution and its importance.

Block-II Goals of modern marriage.

Unit-1 Meaning of traditional marriage and its functions

Unit-2 Goals of modern marriage.

Block-III Pre-Marital period (Preparing oneself for marriage)

Unit-1 Developmental tasks in young adulthood.

Unit 2 Pre-marital involvement.

Unit-3 Marriage counseling 1. Pre-marital counseling.

2. Post-marital counseling.

Block-IV Mate selection

Unit-1. Guidelines for selecting mate

Unit-2. Factors in self-choice marriage

Unit-3. Factors in arranged marriage

Unit-4. Modes of mate selection

Block-5 Engagement

Unit-1 Meaning, importance and functions of engagement.

Unit-2. Broken engagement-a) Causes, b) Ways of coping

REFERENCES:

Dyer E.: Courtship, Marriage and Family, The Dorsey Press

Gitanjali Prasad,: The Great Indian Families, Penguin Books India.

Gore: Urbanization and Family Change, Popular Prakashan, Bombay.

Henslin J.M.: Marriage and Family in a Changing World, The Free Press.

J. Stanley Gray: Psychology Applied to Human Affairs, McGraw – Hill Book Co.

K.M. Kapadia: Marriage and Family in India, Oxford University Press, Calcutta

Kapur P.: Marriage and Working Women in India, Vikas Publications, New Delhi.

Leslie G.R.: Marriage in a Changing World, John Wiley and Sons.

Smart S.: Families- Developing Relationship, Macmillan Publication

ડૉ. હરીશ દોશી,: લગ્ન અને કુટુંબ, યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ,ગુજરાત.

ડૉ. બી.એ. પરીખ: સમાયોજનનું મનોવિજ્ઞાન: પોપ્યુલર પ્રકાશન

વ્યવહારલક્ષી માનસશાસ્ત્ર: પ્રા.આઈ.સી. જરીવાલા, યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ,ગુજરાત.

VEER NARMAD SOUTH GUJARAT UNIVERSITY, SURAT

F.Y.B.A./B.Com./B.Sc.

SEMESTER –II

FAMILY STUDIES

Foundation Elective Theory-3 Periods/Week External-70 Marks

Credit-3

Internal-30 Marks

FOCUS: This course deals with the various facets of marriage and family and strives to prepare students for family life.

OBJECTIVES:

1. To sensitize students towards marriage and family life.
2. To understand the traditional and changing norms of the institution of the family with reference to its social environment.
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Block-1 Wedding and Honeymoon

Unit-1 Wedding – Traditional and court marriage

Unit-2 Honeymoon-a) Value of honeymoon for newly wed couple

b) Significance of honeymoon

Block-2 Family

Unit-1 Introduction and meaning-Origin of the word and Dictionary point of view

Unit-2 Definitions of family by –Maciver and Page, Elliot and Merrill, Beisang and Beiang, Burges and Loke etc.

Unit-3 Characteristics of family-General and Special

Unit -4 Types of family –On the basis of 1. Residence, 2.Authority, 3. Lineage, 4. Succession, 5. Marriage, 6. Number and structure

Unit-5 Joint and Nuclear family- Advantages and disadvantages

Unit-6 Functions of family-1.Biological, 2. Physical, 3.Psychological, 4. Social, 5.Economical, 6.Political, 7. Educational

Unit-7 Alternate family patterns- causes, characteristics and implications

Unit-8 Family dyadic relationship - filial, fraternal, conjugal, in law, grandparent-children

Block-3 Adjustments within the family

-Areas and patterns

Block-4 Planned Parenthood

Unit-1 Concept and significance of planned parenthood

Unit-2 Pleasures and hazards of parenthood

Unit-3 Family planning methods-Advantages and disadvantages

Block- 5 Crisis in the family life

Unit-1 Meaning of crisis

Unit-2 Types of family crisis and ways of coping

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ડૉ. બી.એ. પરીખ: સમાયોજનનું મનોવિજ્ઞાન: પોપ્યુલર પ્રકાશન

વ્યવહારલક્ષી માનસશાસ્ત્ર: પ્રા.આઈ.સી. જરીવાલા, યુનિવર્સિટી ગ્રંથ નિર્માણ બોર્ડ,ગુજરાત.